

The Schools at Children's Tree House




September 1 , 2023

Breakfast					1 Life Cereal Fruit Cocktail in 100% Juice Milk
					Beef Meatballs Whole White Rice Steamed Broccoli Pineapple Tidbits in 100% Juice Milk
					Vanilla Wafers 100% Apple Juice

Portions meet Child and Adult Care Food Program requirements for each age category. Children's Tree House offers juices that are 100% juice and are dye-free, ketchup without high fructose corn syrup, whole grain pasta, whole grain and whole wheat bread, hormone free chicken, nitrate free turkey, low fat cheeses, all natural applesauce, and diced fruits stored in juice, not syrup. This menu contains no pork or peanut products.

The Schools at Children's Tree House

Sept. 4 – 8, 2023

	4	5	6	7	8
Breakfast	Center Closed 	Buttered English Muffin Fresh Blueberries Milk	Whole Grain French Toast Sticks Pineapple Tidbits in 100% Juice Milk	Fresh Baked Wild Berry Muffin Diced Pears in 100% Juice Milk	Buttered Whole Wheat Toast All-Natural Applesauce Milk
Lunch	Center Closed 	Oven Baked Chicken Breast Whole Grain Dinner Roll Creamy Mashed Potatoes Steamed Green Beans Milk	Sloppy Joes Whole Wheat Bun Steamed Sliced Carrots Mandarin Oranges in 100% Juice Milk	Ground Beef Whole Grain Spaghetti Savory Tomato Sauce Steamed Broccoli Milk	Crispy Chicken Nuggets Fresh Baked Corn Bread Steamed Green Beans Diced Pears in 100% Juice Milk
Afternoon Snack	Center Closed 	Whole Grain Crackers Mozzarella Cheese Stick	Vanilla Wafers Fresh Sliced Banana	Cinnamon Graham Crackers 1% Vanilla Yogurt	Whole Grain Goldfish 100% White Grape Juice

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September 11 – 15, 2023

	11	12	13	14	15
Breakfast	Blueberry Chex Cereal	Buttered Whole Grain Toast	Whole Grain Pancakes	Brown Sugar Cinnamon Oatmeal	Buttered English Muffin
	Fresh Diced Grapes	Fresh Blueberries	Fruit Cocktail in 100% Juice	All-Natural Applesauce	Pineapple Tidbits in 100% Juice
	Milk	Milk	Milk	Milk	Milk
Lunch	Nitrate Free Turkey	Lean Ground Beef	Oven Baked Chicken	Sloppy Joes	Smoked Sausage
	Whole Grain Bread	Whole Grain Spaghetti	Whole Wheat Bread	Whole Grain Bun	Whole Wheat Bread
	Diced Cucumbers	Savory Tomato Sauce	Creamy Mashed Potatoes	Steamed Sliced Carrots	Steamed Broccoli
	Diced Peaches in 100% Juice	Pineapple Tidbits in 100% Juice	Steamed Green Beans	Mandarin Oranges in 100% Juice	Diced Pears in 100% Juice
	Milk	Milk	Milk	Milk	Milk
Afternoon Snack	Vanilla Wafers	Whole Grain Animal Crackers	Cheeto Puffs	Whole Grain Crackers	Goldfish Pretzels
	Fresh Sliced Banana	*Fresh Tangerines *Toddlers: Mandarin Oranges in 100% Juice	100% White Grape Juice	Mozzarella Cheese Stick	100% Apple Juice

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September 18 – 22, 2023

	18	19	21	21	22
Breakfast	Whole Grain Waffle Sticks	Oven Baked Banana Bread	Life Cereal	Whole Grain French Toast Sticks	Fruit and Grain Cereal Bar
	Fresh Sliced Bananas	Fresh Blueberries	All-Natural Applesauce	Mandarin Oranges in 100% Juice	Diced Peaches in 100% Juice
	Milk	Milk	Milk	Milk	Milk
Lunch	Crispy Chicken Tenders	Creamy Whole Grain Macaroni and Cheese	Ground Beef Meatloaf	Whole Grain Chicken Corndog	Beef Meatballs
	Creamy Mashed Potatoes	Sweet Tender Peas	Whole Wheat Bread	Crispy French Fries	Whole Grain Rice
	Sweet Baby Corn	*Fresh Sliced Apples	Creamy Mashed Potatoes	Steamed Sliced Carrots	Steamed Broccoli
	Diced Mixed Melon Salad		Mixed Green Salad	Diced Pears in 100% Juice	Fruit Cocktail in 100% Juice
	Milk	Milk	Milk	Milk	Milk
		*Toddlers: All-Natural Applesauce			
Afternoon Snack	Cheetos Puffs	Baked Multi-Grain Sun Chips	Whole Grain Goldfish	Gluten Free Apple Cinnamon Rice Cakes	Baked Tortilla Chips
	100% White Grape Juice	Fresh Diced Fresh Cucumbers	100% Apple Juice	Diced Pears in 100% Juice	Salsa

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September 25 - 29, 2023

	25	26	27	28	29
Breakfast	Fresh Baked Blueberry Muffin	Buttered Biscuit	Fresh Baked Crescent Roll	Whole Grain French Toast Sticks	Multigrain Cheerios
	Fruit Cocktail in 100% Juice	Diced Peaches in 100% Juice	Fresh Diced Melon	Fresh Blueberries	Tropical Mixed Fruit in 100% Juice
	Milk	Milk	Milk	Milk	Milk
Lunch	Crispy Chicken Nuggets	Beef Steak Fingers	Nitrate Free Turkey	Oven-Baked Chicken Breast	Breakfast Turkey Sausage
	Fresh Baked Corn Bread	Whole Wheat Bread	Whole Wheat Bread	Alfredo Egg Noodles	Whole Grain Waffle Sticks
	Steamed Green Beans	Steamed Sliced Carrots	Mixed Green Salad	Steamed Broccoli	Crispy Hash Browns
	Fresh Sliced Banana	Diced Pears in 100% Juice	All-Natural Applesauce	Fruit Cocktail in 100% Juice	Diced Pears in 100% Juice
	Milk	Milk	Milk	Milk	Milk
Afternoon Snack	Whole Grain Crackers	Cinnamon Teddy Grahams	Cheeto Puffs	Goldfish Pretzels	Fresh Baked Apple Bread
	Mozzarella Cheese Stick	1% Vanilla Yogurt	100% Apple Juice	*Cranraisins *Toddlers: Fresh Diced Grapes	100% White Cranberry Juice

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