


# The Schools at Children's Tree House

## May Nutritional Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
May 1-5	<p><b>Breakfast:</b> Whole Wheat Mini Bagel with Cream Cheese, Tropical Fruit Mix, Milk</p> <p><b>Lunch:</b> Whole Grain Tortilla, Nitrate Free Turkey, Cheddar Cheese, Peas, Fresh Sliced Strawberries, Milk</p> <p><b>Snack:</b> Whole Grain Zoo Animal Crackers, *Tangerines *Toddler: Mandarin Oranges</p>	<p><b>Breakfast:</b> Pigs in a Blanket, Diced Pears in 100% Juice, Milk</p> <p><b>Lunch:</b> Oven Baked BBQ Chicken Breast, Whole Wheat Roll, Green Bean, Fresh Diced Grapes, Milk</p> <p><b>Snack:</b> Whole Grain Goldfish, 100% Apple Juice</p>	<p><b>Breakfast:</b> Fresh Baked Triple Muffin, All-Natural Applesauce, Milk</p> <p><b>Lunch:</b> Ground Beef Patty, Whole Grain Hamburger Bun, Crispy French Fries, Tomato Ketchup, Milk</p> <p><b>Snack:</b> Vanilla Wafers, Fresh Sliced Banana</p>	<p><b>Breakfast:</b> Blueberry Chex Cereal, Fresh Sliced Banana, Milk</p> <p><b>Lunch:</b> Ground Beef, Whole Grain Tortilla Chips, Creamy Cheese, Fresh Blueberries, Milk</p> <p><b>Snack:</b> Club Crackers, Mozzarella Cheese Stick</p>	<p><b>Breakfast:</b> Fresh Baked Apple Cinnamon Muffin, Fruit Cocktail in 100% Juice, Milk</p> <p><b>Lunch:</b> Whole Grain Pepperoni Pizza, Diced Peaches in 100% Juice, Milk</p> <p><b>Snack:</b> Veggie Straws, 100% White Grape Juice</p>
May 8-12	<p><b>Breakfast:</b> 1% Vanilla Yogurt, Fresh Blueberries, Milk</p> <p><b>Lunch:</b> All White Meat Popcorn Chicken, Whole Grain Dinner Roll, Creamy Mashed Potatoes, Green Beans, Milk</p> <p><b>Snack:</b> Baked Tortilla Chips, Refried Bean Dip</p>	<p><b>Breakfast:</b> Crispy Hash Browns, Fruit Cocktail in 100% Juice, Milk</p> <p><b>Lunch:</b> White Meat Chicken Salad, Whole Grain Bread, Mixed Green Salad, All-Natural Apple Sauce, Milk</p> <p><b>Snack:</b> Cheeto Puffs, 100% Apple Juice</p>	<p><b>Breakfast:</b> Whole Grain Pancake, Diced Peaches in 100% Juice, Milk</p> <p><b>Lunch:</b> Beef Steak Fingers, Whole Grain Roll, Steamed Carrots, Diced Pears in 100% Juice, Milk</p> <p><b>Snack:</b> Cinnamon Graham Crackers, All-Natural Applesauce</p>	<p><b>Breakfast:</b> Fresh Baked Wildberry Muffin, Fresh Sliced Banana, Milk</p> <p><b>Lunch:</b> Whole Grain Chicken Corndog, Crispy French Fries, Steamed Carrots, Tropical Mixed Fruit, Milk</p> <p><b>Snack:</b> Goldfish Pretzels, *Cranraisins *Toddlers: Fresh Diced Grapes</p>	<p><b>Breakfast:</b> Life Cereal, Fruit Cocktail in 100% Juice, Milk</p> <p><b>Lunch:</b> Beef Meatballs, Whole Grain Rice, Steamed Broccoli, Mixed Melon Salad, Milk</p> <p><b>Snack:</b> Baked Multi-Grain Sun Chips, Diced Fresh Cucumbers</p>
May 15-19	<p><b>Breakfast:</b> Brown Sugar and Cinnamon Oatmeal, Diced Melon Mix, Milk</p> <p><b>Lunch:</b> Breakfast Turkey Sausage, Whole Grain Waffle Sticks, Crispy Hash Brown, Diced Pears in 100% Juice, Milk</p> <p><b>Snack:</b> Veggie Straws, 100% Apple Juice</p>	<p><b>Breakfast:</b> English Muffin, Pineapple Tidbits in 100% Juice, Milk</p> <p><b>Lunch:</b> Slow Cooked Baked Beans and Chicken Hot Dogs, Whole Grain Dinner Roll, Green Beans, Milk</p> <p><b>Snack:</b> Club Crackers, Mozzarella String Cheese</p>	<p><b>Breakfast:</b> Whole Grain French Toast Sticks, Fresh Blueberries, Milk</p> <p><b>Lunch:</b> Sloppy Joes, Whole Grain Bun, Steamed Carrots, Mandarin Oranges in 100% Juice, Milk</p> <p><b>Snack:</b> Vanilla Wafers, Fresh Sliced Banana</p>	<p><b>Breakfast:</b> Oatmeal, Peaches, Milk</p> <p><b>Lunch:</b> Lean Ground Beef, Whole Grain Spaghetti Noodles, Tomato Sauce, Steamed Broccoli, Milk</p> <p><b>Snack:</b> Cinnamon Graham Crackers, 1% Vanilla Yogurt</p>	<p><b>Breakfast:</b> Buttered Whole Grain Toast, All-Natural Applesauce, Milk</p> <p><b>Lunch:</b> Crispy Fish Sticks, Fresh Baked Corn Bread, Green Beans, Fresh Sliced Banana, Milk</p> <p><b>Snack:</b> Whole Grain Goldfish, 100% White Grape Juice</p>
May 22-26	<p><b>Breakfast:</b> Blueberry Chex Cereal, All-Natural Applesauce, Milk</p> <p><b>Lunch:</b> Nitrate Free Turkey, Whole Grain Bread, Diced Cucumbers, Diced Peaches in 100% Juice, Milk</p> <p><b>Snack:</b> Vanilla Wafers, Fresh Bananas</p>	<p><b>Breakfast:</b> Buttered Whole Grain Toast, Fresh Blueberries, Milk</p> <p><b>Lunch:</b> Lean Ground Beef, Whole Grain Spaghetti Noodles, Tomato Sauce, Pineapple Tidbits in 100% Juice, Milk</p> <p><b>Snack:</b> Whole Grain Zoo Animal Crackers, *Fresh Tangerines *Toddlers: Mandarin Oranges in 100% Juice</p>	<p><b>Breakfast:</b> Whole Grain Pancake, Fruit Cocktail in 100% Juice, Milk</p> <p><b>Lunch:</b> Oven Baked Chicken Breast, Whole Grain Dinner Roll, Creamy Mashed Potatoes, Green Beans, Milk</p> <p><b>Snack:</b> Cinnamon Graham Crackers, All-Natural Applesauce</p>	<p><b>Breakfast:</b> Brown Sugar Cinnamon Oatmeal, Fresh Diced Grapes, Milk</p> <p><b>Lunch:</b> Sloppy Joes, Whole Grain Bun, Steamed Carrots, Mandarin Oranges in 100% Juice, Milk</p> <p><b>Snack:</b> Club Crackers, Mozzarella Cheese Stick</p>	<p><b>Breakfast:</b> English Muffin, Pineapple Tidbits in 100% Juice, Milk</p> <p><b>Lunch:</b> Smoked Sausage, Whole Grain Dinner Roll, Diced Pears in 100% Juice, Steamed Broccoli, Milk</p> <p><b>Snack:</b> Goldfish Pretzels, 100% Apple Juice</p>

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	Monday	Tuesday	Wednesday	Thursday	Friday
May 29-31	<p>Center Closed</p> 	<p><b>Breakfast:</b> Oven Baked Banana Muffin, Fresh Blueberries, Milk</p> <p><b>Lunch:</b> Creamy Whole Grain Macaroni &amp; Cheese, Sweet Tender Peas, *Fresh Sliced Apples, Milk</p> <p><b>Snack:</b> Baked Multi-Grain Sun Chips, Diced Fresh Cucumbers</p>	<p><b>Breakfast:</b> Life Cereal, All-Natural Applesauce, Milk</p> <p><b>Lunch:</b> Ground Beef Meatloaf, Whole Grain Dinner Roll, Mashed Potatoes, Mixed Green Salad, Milk</p> <p><b>Snack:</b> Whole Grain Goldfish, 100% Apple Juice</p>		